

GENIXPRO™ DNA HEALTH SCREENING

PREDICT | HEALTH RISKS

Have you ever wondered why two individuals can be on the same fitness plan and yet have drastically different results? One person loses weight and gets healthier, while the other person sees no results and gets frustrated or gives up. Ever wondered why you crave certain foods or why you have difficulty feeling full even after having a full meal? We are all different genetically, so a diet or exercise plan that works for one person may not work well for another.

Unlock your unique potential using a comprehensive Blood Test | DNA | Lifestyle health assessment. Discover your “inner health secrets” and take the guesswork out of maximizing your well-being. Learn from over 110 metabolic health conditions, nutrition and fitness traits reported.

HEALTH CONDITIONS



CARDIOVASCULAR HEALTH

Are you at genetic risk of Elevated LDL Cholesterol, Triglycerides, Blood Sugar or Decreased HDL



METABOLIC HEALTH

Find out if you're at risk of lifestyle diseases like type-2 diabetes, hypertension, kidney and liver disease, among others. Learn about your sleep quality and stress resilience.



MUSCLE CHARACTERISTICS

What your genes say about your muscle damage risk, soreness, cramping, lactation and slow muscle repair



BONE AND JOINT HEALTH

What your genes say about joint flexibility, ligament & cartilage health, achilles tendinopathy



INJURY SUSCEPTIBILITY

Find out if you are one of those individuals genetically more prone to overall tendon and ligament injury risk or stress fractures?



BODY AND WEIGHT

Your predisposition to obesity, weight-loss regain tendency or resting metabolic rate impairment. Genetically guided weight-management. Personalized.



NUTRITION AND FITNESS



DIET AND METABOLISM

Should you be on a Low Carb, Low Fat, Mediterranean or Balanced diet? What are your daily calorie needs and CPF ratio?



EATING BEHAVIOR

Find out if you are genetically more prone to snacking, over-eating or satiety impairment (i.e. have difficulty feeling full)



DETOXIFICATION AND ANTIOXIDANTS

Learn about your body's actual biological process in the liver. Identify your anti-aging antioxidant requirements. Omega 3 & 6 needs.



VITAMINS AND MICRONUTRIENTS

Vitamin B6, B12, Folate, A, D, E requirements. Calcium, Choline, Glutathione, CoQ10 deficiency



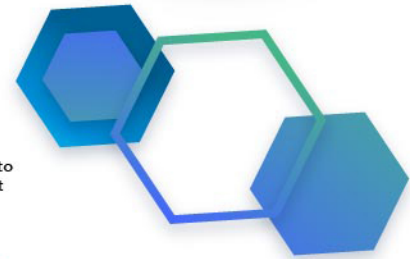
FOOD SENSITIVITY

Are you sensitive to caffeine, bitter taste, salt, alcohol, lectin, histamine or food additives. Lactose or gluten intolerant?



FITNESS AND EXERCISE

Know your strength and endurance profile. Identify fitness program(s) best suited for your body-type



MAXIMIZE YOUR DNA HEALTH
SCAN TO LEARN MORE

