




# Ultimate Longevity Functional Screening Live Healthy, Longer.

21<sup>ST</sup> Century Health Analytics


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ULTIMATE  
LONGEVITY  
~~\$799~~  
**\$499**

**HOLISTIC HEALTH** 

**Screen for...**

- ✓ Holistic health and longevity
- ✓ Advanced heart health risks
- ✓ Vitamins & metabolic health
- ✓ Sleep, mood, brain function
- ✓ Weight imbalances, hair-loss

**Buy Now**

## WHY CHOOSE ULTIMATE LONGEVITY SCREENING?

Our members choose the Ultimate Longevity Screening package in their pursuit to monitor, track, and maximize their holistic health

- ✓ Includes all the most commonly tested lab biomarkers ++
- ✓ APOB, LP(a) and advanced heart health risk biomarkers
- ✓ Test to optimize sleep, mood, memory and brain function
- ✓ Screen for early cognitive decline, to intervene early
- ✓ Test nutritional deficiencies - Vit. D, B12, Folate, Iron, Mg
- ✓ Test for tiredness, low energy, brain fog, poor metabolism
- ✓ Suspect hormonal or thyroid imbalances, menopause or perimenopause, fertility or autoimmune conditions?
- ✓ Determine root cause for weight imbalances or hair loss
- ✓ Prevent colon cancer risk, liver and kidney disorders



# ULTIMATE LONGEVITY SCREENING – 100+ BIOMARKERS. ALL-IN-1 TEST

## 1. HEART HEALTH & LONGEVITY

- Lipoprotein(a) or LP(a)
- Apolipoprotein B or ApoB
- Total Cholesterol
- HDL, Non-HDL, LDL Cholesterol
- Triglycerides
- Cholesterol Ratio(s)
- High-Sensitivity C-Reactive Protein (hsCRP)

## 2. ENERGY & METABOLISM

- Glucose (Fasting)
- Hemoglobin A1c or HbA1c
- eAG (Estimated Average Glucose)
- Insulin (Fasting)
- HOMA-IR (Insulin Resistance Screen)

## 3. VITAMINS & MICRONUTRIENTS

- Vitamin D
- Vitamin B12
- Folate (Vitamin B9)
- Homocysteine
- Ferritin
- Magnesium
- Iron
- Iron Binding Capacity (TIBC)
- Transferrin
- Iron Saturation

## 4. CANCER RISK SCREENING

- Liver (AFP)
- Colon (CEA)
- Female: Ovaries (CA125) OR Male: Prostate (PSA)
- Fecal Occult Blood Test

## 5. HORMONES & FERTILITY

- Free Triiodothyronine (Free T3)
- Free Thyroxine (Free T4)
- Thyroid Stimulating Hormone (TSH)
- Follicle Stimulating Hormone (FSH)
- Luteinizing Hormone (LH)
- Progesterone (Female)
- Prolactin
- Estradiol (E2)
- Total Testosterone
- Cortisol
- DHEA-Sulfate (DHEAS)

## 6. KIDNEY FUNCTION

- Urea (or BUN)
- Creatinine
- Estimated Glomerular Filtration Rate (eGFR)
- Sodium, Potassium
- Chloride, Bicarbonate
- Anion Gap (Acid-Base Imbalances)
- Urine Microalbumin/Creatinine Ratio

## 7. LIVER & GALLBLADDER

- Total Bilirubin
- Direct (Conjugated) Bilirubin
- Indirect (Unconjugated) Bilirubin
- Aspartate Aminotransferase (AST)
- Alanine Transaminase (ALT)
- AST/ALT Ratio
- Alkaline Phosphatase (ALP)
- Gamma-glutamyl Transferase (GGT)
- Total Protein, Albumin, Globulin, A/G Ratio
- FIB-4 Index (Assess Fibrosis Risk)
- Lactate Dehydrogenase (LDH)

## 8. HEPATITIS RISK SCREENING

- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (HBsAb)
- Hepatitis A Total Antibody

## 9. BONE & JOINT HEALTH

- Calcium
- Corrected Calcium
- Phosphate
- Uric Acid (Assess Gout Risk)
- Rheumatoid Arthritis (RA) Factor

## 10. BODY MEASUREMENTS | VITALS

- Height, Weight, BMI, BSA, RMR
- Biological Age, Heart Age
- Blood Pressure (Systolic | Diastolic)

## 11. BLOOD & IMMUNITY PROFILE

- Hemoglobin
- Hematocrit
- Red Blood Cell (RBC) Count
- RBC Indices – MCH, MCHC, MCV, RDW, Platelet Count
- White Blood Cell (WBC) Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film (PBF)
- Absolute & Differential (%) Counts for – Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils

## 12. URINE ANALYSIS

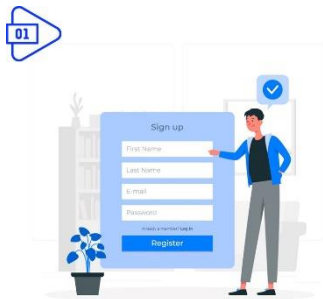
- Urine Color, Appearance, pH and Specific Gravity
- Urine Chemistry – Blood, Glucose, Protein, Bilirubin, Urobilinogen, Nitrite, Ketones
- Urine Microscopy - Red Blood Cells, White Blood Cells, Epithelial Cells, Mucus Threads, Bacteria, Yeast, Casts, Crystals, Others

## 13. FUNCTIONAL INSIGHTS

- Weight and Mood Imbalances, Poor Sleep, Hair Loss, Fatigue, Cognition, Immunity, Fertility, Low Libido\*, Menopause, Perimenopause

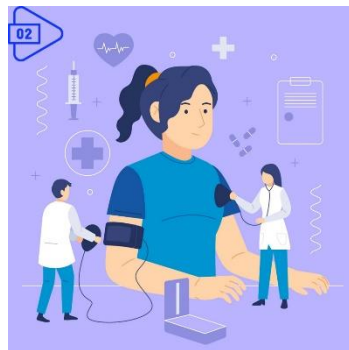


## HOW IT WORKS



### JOIN

[Register](#) for lifetime access to resources to test, track, optimize your health and longevity.



### TEST

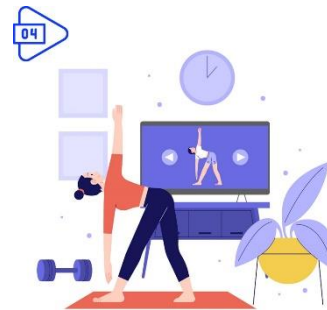
Upon purchase select your preferred date, time and location to visit clinic for your blood tests.



### KNOW

Includes a basic\* review of your test results with a Doctor. Comprehensive\* functional review charged extra.

\*Contact us if you wish to **add-on a comprehensive functional review of test results** at S\$199.90/- extra. Basic review only covers general health impact and any abnormal values.



### ACT

Adhere to plan. Join online, live holistic well-being activities\*. Transform. Repeat.



